

The most natural choice.

Treatments & Skincare Routine

MEI SPA

Mei

La scelta più naturale

“...Wellness comes from Nature
but also from
well-informed choices.”

Adriana Tilton
MEI Founder



Sugar, salt, essential oils and rose petals. MEI SPA is a “journey” that involves all the senses with enchanting colours, scents and textures. Let yourself be pampered by the body treatments offered by the top SPAs and beauty salons, and always treat yourself to a wellness experience with the skincare routine products.

MEI SPA products are an excellent solution for daily skin and soul care. They help slow down aging, nourish and moisturize, while perfuming in a natural way. Discover the extraordinary fragrance and effectiveness of the Dolce Vita set made with Mediterranean citrus fruits or the more intense one, Sotto Sale, with green tea and mint. Let yourself be lulled by the softness of rose petals with Persian Rose set or enjoy a powerful regeneration thanks to myrtle and juniper with Oro di Sardegna.

**Whatever your choice, welcome to MEI wellness world:
Migliori Erbe Italiane, the best Italian herbs since 1988.**

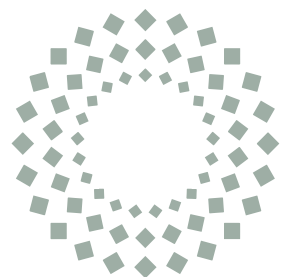


TOTAL BODY
Duration: 50 minutes

Dolce Vita

Enveloped by the essential oils of sweet orange and lemon, you will donate a new life, softness and brightness to your skin, thanks to the synergy of the refined MEI SPA products.

The ritual begins with Dolce Vita Scrub and its micro calibrated sugar crystals, followed by the elasticizing massage with the citrus-based Balance Oil and the application of the silky and illuminating Sweet Orange Cream. Dolce Vita for unforgettable wellbeing moments.

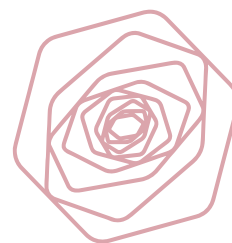


TOTAL BODY
Duration: 50 minutes

Sotto Sale

Revive your skin with the detoxifying power of the Sicilian sea salt, enhanced by the essential oils of wild Piedmont peppermint and pennyroyal, all in synergy with the botanical extracts of green tea and ginseng root.

This is the “green line” that combines MEI SPA Sotto Sale ritual and its general relaxing and anti-stress action with the tonifying and firming effect on your skin.



TOTAL BODY
Duration: 50 minutes

Persian Rose

The roses bloom all year long with this precious body ritual. The essential oil of Persian rose envelops the skin in a soft caress thanks to its velveting and illuminating effect.

Treat yourself to harmonious manual techniques, enhanced by MEI natural products and your body skin will literally reflourish.



TOTAL BODY
Duration: 50 minutes

Oro di Sardegna

The power of wild nature and its active ingredients, concentrated in an unforgettable treatment: olive oil, myrtle and aloe juice, thanks to which you will enjoy new vitality, energy and freshness.

Dive into a true sensorial treatment that enhances Mediterranean scrub's ingredients, combined with enchanting manual skills, for a renewed skin and a breath of freshness.

BEAUTY ROUTINE

Keep on enjoying the emotion of MEI SPA sensory treatments also at home. Indulge in a daily wellness ritual taking care of your skin with the extraordinary products made with the ABSOLUTES: the purest essential oils, 100% natural and free of side effects or allergens, extracted only from wild plants collected by hand and selected for you for over thirty years.

Dolce Vita to elasticize, brighten the skin with a relaxing wellbeing effect.

Sotto Sale to drain, firm up while donating an invigorating wellbeing effect.

Persian Rose for a silky-soft skin and a rebalancing wellbeing effect.

Oro di Sardegna to hydrate and nourish the skin with a regenerating wellbeing effect.

Whatever your choice, welcome to MEI wellness world: **Migliori Erbe Italiane**, the best Italian herbs since 1988.

MEI SPA



BEAUTY ROUTINE

Dolce Vita

BODY TREATMENT



Enveloped by the essential oils of sweet orange and lemon, you will donate a new life, softness and brightness to your skin, thanks to the synergy of the refined MEI SPA products.

Care for your skin using the Shower Gel with orange and tangerine essential oils; after showering or bathing, apply Balance Body Oil with Mediterranean citrus fruits to moisturize, nourish and perfume the skin and then finish with Sweet Orange Body Cream. A touch of Dolce Vita Floral Water as a perfume or light deodorant, a drop of sweet orange Absolute oil and life will smile at you!

COMPLETE YOUR BEAUTY ROUTINE WITH

MEI SPA Orange & Tangerine Shower Gel

Made with the purest Absolutes of orange and tangerine, Arabic gum for the natural gel effect and botanical extracts, it is the ideal shower gel for daily skin hygiene and moisture.

Dolce Vita Floral Water

Like a freshly squeezed juice of Mediterranean citrus essential oils to restore the skin and put you in a good mood.

Sweet Orange Absolute Oil

A "fresh juice" of green orange peel in all its vitality that can be inhaled, diffused throughout the room and used to make your recipes even more special. Rubbing a drop on the reflex points will immediately restore you in case of stress or it can also be added to MEI SPA products to enhance the citrus note. You can find these and further directions for use in the package leaflet.

MEI SPA

DOLCE VITA Body Scrub regenerating and illuminating

Illuminating body scrub with sugar crystals and Sicilian sweet orange essential oil. For a deep regenerating treatment, we recommend using it once a week while alternating daily, after the bath, the application of the Sweet Orange Cream with the Balance Body Oil.

BALANCE Body Oil rebalancing and illuminating

A blend with the purest essential oils of wild Mediterranean citrus fruits, diluted in an elasticizing base oil. Balance is the ideal oil to protect and perfume the skin, contrasting the "orange peel" effect and visibly improving tone and brightness. It is recommended after the bath, applying it from the bottom up and from the ends towards the heart.

SWEET ORANGE Body Cream elasticizing and illuminating

Body cream made with essential oils of Sicilian sweet orange, helichrysum and calendula petals. It nourishes the skin deeply while perfuming it with an unforgettable citrus note. Use it daily after the bath, especially after Dolce Vita Scrub, or alternated with Balance Body Oil.

BEAUTY ROUTINE

Sotto Sale

BODY TREATMENT



Revive your skin with the detoxifying power of the Sicilian sea salt, enhanced by the essential oils of wild Piedmont peppermint and pennyroyal, all in synergy with the botanical extracts of green tea and ginseng root.

Care for your skin using the Shower Gel with mint and pennyroyal essential oils; after showering or bathing, apply Relax Body Oil with horsetail and cloves to moisturize, nourish and perfume the skin and then finish with Green Mint Gel. For an extra energy boost, enjoy a cup of Jasmin Green Tea with a drop of Piedmont peppermint essential oil!

COMPLETE YOUR BEAUTY ROUTINE WITH

MEI SPA Peppermint & Pennyroyal Shower Gel

Pure peppermint and pennyroyal essential oils and nourishing botanical extracts for a tonifying and energizing shower gel.

Jasmin Green Tea

The best Chinese green tea in whole leaf collected and rolled by hand, enhanced by the delicate aroma of wild jasmine flowers, for the most refined palates. Delicate and fragrant.

Piedmont Peppermint Absolute Oil

All the freshness and energy of wild Piedmont peppermint flowers, released by this Absolute Oil that can be inhaled, diffused throughout the room and used to make your recipes even more special. Rubbing a drop on the reflex points will give you immediate energy, fostering digestion and counteracting mental fatigue. You can find these and further directions for use in the package leaflet.

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SOTTO SALE

Body Scrub
draining and tonifying

Tonifying body scrub made with sea salt crystals, green tea, ginseng and Piedmont peppermint essential oil. For a deep regenerating treatment, use it once a week. After bathing, apply the Green Mint Gel, or alternatively the Relax Body Oil.

RELAX

Body Oil
nourishing and decontracting

A blend with the purest essential oils of horsetail, nut husk, orange, lemon and cloves diluted in a nutritive base oil. Thanks to these precious botanical active ingredients, it is the ideal oil to nourish and perfume the skin, combining a memorable muscle defatigating effect that removes tiredness and counteracts stress. It is recommended after the bath, applying it from the bottom up and from the ends towards the heart.

GREEN MINT

Body Gel
refreshing and tonifying

Body gel made with cucumber pulp, green tea, ginseng and Piedmont peppermint essential oil. It tones your skin leaving it immediately fresher. Use it every day after the bath, especially after Sotto Sale Scrub, or alternate it with Relax Body Oil.

Persian Rose

BODY TREATMENT

The roses bloom all year long with this precious body ritual. The essential oil of Persian rose envelops the skin in a soft caress thanks to its velveting and illuminating effect.

Care for your skin using the Shower Gel made with rose petals; after showering or bathing, apply Persian Rose Body Oil to moisturize, nourish and perfume the skin, and then finish with Persian Rose Body Cream. A touch of ROSEMEI Floral Water as a perfume or light deodorant, and a cup of Shiraz Tea with Persian rosebuds, for a pretty rosy day!



COMPLETE YOUR BEAUTY ROUTINE WITH

ROSEMEI Shower Gel

The precious essential oil of Persian Rose envelops the body in a soft caress and gently cleanses even the most sensitive skin.

ROSEMEI Floral Water

The absolute purity of Persian rose essential oil to restore your skin like a freshly picked flower.

Shiraz Tea

The enchanting aroma of Persian rose petals, accompanied by Ceylon black tea, will last for a long time in your sensory memory.

PERSIAN ROSE BODY OIL

nourishing and soothing

Rich in precious botanical extracts, Persian Rose Oil is ideal to restore the most delicate skin, but also suitable for all skin types. Let yourself be conquered, day after day, by the intoxicating fragrance that evokes a real rose garden.

PERSIAN ROSE BODY CREAM

softening and velveting

A rich cream that combines the precious action of the purest Absolute Oil of Persian rosebuds with the deep nourishing and superficial elasticizing effect of macadamia oil, enriched with shea butter. A real dream for your skin, enveloped by its truly unforgettable fragrance and velvet soft texture.

To enhance its action and make the Persian rose note last longer, we recommend applying the Oil first and then the Cream.

BEAUTY ROUTINE

Oro di Sardegna

BODY TREATMENT

The power of wild nature and its active ingredients, concentrated in an unforgettable treatment: olive oil, myrtle and aloe juice, thanks to which you will enjoy new vitality, energy and freshness.

Care for your skin with Oro di Sardegna Body Oil; then complete the treatment with the Luxurious Nourishing Body Cream and spray the revitalizing Floral Water. The energy and vitality of the air, the sea and unspoiled nature will make your day!



COMPLETE YOUR BEAUTY ROUTINE WITH

MEI SPA Horse Chestnut & Buckthorn Shower Gel

Rich, full-bodied yet delicate and pleasant. These are the original characteristics of this shower gel, enriched by the botanical extracts of buckthorn and horse chestnut bark.

Rejuvenate Infusion

Made with mango fruits, lemon peel, hibiscus flowers, dog rose berries, dried apple and peach cubes, as well as cornflower petals, it is the mineralizing infusion with a hint of exotic. Vitamin, antioxidant, perfect at all times.

MEI SPA

ORO DI SARDEGNA BODY OIL

nourishing and regenerating

The nourishing and regenerating properties of the organic olive oil, fresh aloe pulp and the essential oils of myrtle and rosemary, finely enveloped in an unforgettable fragrance of Mediterranean scrub and Sardinian flowers.

ORO DI SARDEGNA BODY CREAM

elasticizing and regenerating

The Body Cream enhances the highly nourishing power of macadamia oil and shea butter, enriched by the moisturizing pulp of the organic Sardinian aloe. The regenerating effect of myrtle essential oil and the Mediterranean scrub scent complete the perfect harmony of this rich and elasticizing cream.

ORO DI SARDEGNA FLORAL WATER

perfuming and revitalizing

An intriguing and original scent: flowery and spicy, intense and delicate, sweet and salty in a harmony of opposites that reflects the wild yet harmonious nature of Sardinian land and sea. The Floral Water is used as a personal perfume or as a revitalizing water. Ideal to be sprayed, creating a cloud of fragrance around you, clothes included. The essential oils of myrtle and rosemary are immediately recognizable for their strength, to then give way to the more delicate notes of orange, gardenia, almond and lilac flowers.

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